

# Body Idioms

Idiom	Meaning
Cost an arm and a leg	Something is very expensive
Break a leg	Wishing someone good luck
Give a hand	To help someone
Cry your eyes out	To cry excessively
Cold feet	To feel nervous before a big event
Bite your tongue	To avoid speaking
Face the music	To confront the consequences of one's actions
Pull someone's leg	To tease or joke with someone
Get it off your chest	To express your feelings to feel better
Play it by ear	To improvise or play without a plan
Get under one's skin	To annoy or bother someone
Lend an ear	To listen to someone
Have a heart	To show compassion
Wear your heart on your sleeve	To openly show your feelings or emotions
Turn a blind eye	To ignore something intentionally

# Body Idioms

Idiom	Meaning
Put your foot in your mouth	To say something embarrassing or inappropriate
Have a gut feeling	To have a strong intuition about something
Head over heels	To be extremely in love with someone
Keep your chin up	To remain cheerful in a difficult situation
Stick your neck out	To take a risk for someone else
See eye to eye	To agree on something
Back to the drawing board	To start a task all over again
Off the top of your head	To say something without thinking about it in advance
On the tip of your tongue	When you know something but can't quite remember it
Elbow grease	Hard physical work, especially cleaning
Pain in the neck	Someone or something that is very annoying
Shoulder the burden	To take on a responsibility